



ISCPES 23rd Biennial Conference Programme

Advancing Global Wellbeing through Physical Education and Sport

Dates: 1 – 4 December 2025

Location: AUT WZ Building, St Paul Street, Auckland, New Zealand

Hosted by: Thomas Education NZ

Day 1: Monday, 1 December – Executive Meeting & Auckland City Walking Tour

Time	Activity	Notes
11:00 - 1:30	Auckland City Walking Tour Delegate Registration	Meet at AUT WZ Building, St Paul Street
17:00 - 19:00	Executive Board Meeting: ISCPES Board Only	Location: AUT WZ Building, Room WZ502, Auckland Central
15:30 - 16:30		Registration via Whatsapp Message +64275200018



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Day 2: Tuesday, 2 December – Conference Opening, Keynotes & Presentations

Time	Activity	Notes
08:30 - 09:00	Arrival and Registrations	Final Registrations
09:00 - 10:15	Cultural Welcome & Session Starts	Traditional Cultural Māori Welcome (Mihi Whakatau) & Introductions
10:15 - 10:35	Morning Tea (Break)	Refreshments served
10:35 – 10:50	Inauguration	ISCPES Inauguration: Rosa Lopez de D'Amico , President ISCPES Fran Serrano , Local Organising Committee Chair Luisa Velez , Scientific Committee Chair
10:50 - 11:40	Keynote 1 Chair Fran Serrano	Speaker: Michelle Parsons. Topic: “ <i>Sport Development in New Zealand from a Holistic Player-centred Approach.</i> ” Former Head of School of Sport, Manukau Institute of Technology. High Performance Sport Advisor
11:40 - 12:30	Presentations (Session A) Chair Usha Nair PhD	3 x 15-Minute Presentations: Naoki Suzuki, Ph.D (Japan): <i>Physical–Virtual Discrepancies in AR Physical Education: A Qualitative Study of Embodied Cognition and Student Metacognitive Reflection.</i> Tokyo Gakugei University Sebastian Leonardo San Martin Rodriguez (Mexico): <i>The effect of recreational training on the quality of life of older adults. A pilot study.</i> Meritorious Autonomous University of Puebla Anand Rampersad , (Trinidad and Tobago) <i>The Role of Physical Activity for Working Persons Diagnosed with Diabetes and Other Non-Communicable Diseases (NCSs): A Qualitative Study in Trinidad and Tobago.</i> The University of the West Indies, St. Augustine Campus



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Time	Activity	Notes
12:30 - 13:30	Lunch (Break) & Poster Session	Lunch in WZ Foyer. Poster Presentation: Mariana Ribeiro (Brazil): <i>Grit happens! A comparative analysis of measurement approaches for grit in university athletes.</i> Universidade do Estado de Santa Catarina
13:30 - 14:00	Keynote 2 Chair Michelle Parsons	Speaker: Pita Alatini. Topic: <i>"Rugby as a youth Development Tool in Schools"</i> . Former All Black, Director of Rugby King's College
14:00 - 15:30	Presentations (Session B) Chair Anand Rampersand	5 x 15-Minute Presentations: Takuya Sakamoto (Japan): <i>Response Ability in Physical Education: Rethinking Teacher Presence in the Digital Era.</i> University of Tsukuba Mata José Carvahlo (Portugal): <i>Quality physical education: perspectives of Portuguese educators.</i> Faculty os Sport University of Porto Daiki Nakano (Japan): <i>Reconsidering the concept of safety in physical education.</i> University of Tsukuba Claudia Magaly Espinosa-Méndez (Mexico): <i>Association between Physical Activity, Lifestyle Factors, and Mental Health Symptoms in Chemistry Student.</i> Meritorious Autonomous University of Puebla
15:30 – 16:00	Afternoon Energiser (Break)	Refreshments served
16:00 – 17:00	Symposium	Speakers: Walter Ho, Selina Khoo, Rosa Lopez D'Amico, Usha Nair & Francisco Serrano Topic: <i>Reimagining Quality Physical Education: A Holistic Framework for the Future</i>
17:00 – 17:30	ISCPES General Assembly	Annual governance meeting for members.



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Time	Activity	Notes
17:30	Day Finishes	

Day 3: Wednesday, 3 December – Keynotes and Research Focus

Time	Activity	Notes
08:30 - 09:00	Arrival	
09:00 - 09:10	Welcome	
9:10 – 9:30	Keynote	Speaker: Rosa Lopez D'Amico, PhD , President of ISCPES. Topic:
09:30 - 10:15	The Herbert Hagg Lecture	Speaker: Walter Ho, PhD. Topic: <i>Advances in Quality Physical Education: A Review of Recent Works</i>
10:15 - 10:45	Morning Tea (Break)	Refreshments served
10:45 – 11:30	Presentations (Session C) Chair Selina Khoo	2 x 15-Minute Presentations: Naoki Suzuki, Ph.D (Japan): <i>Advancing Reflective Thinking in Physical Education through AI-Prompted Free Writing: A Qualitative Study on Student Learning Depth.</i> Tokyo Gakugei University Oswaldo Ceballos (Mexico): <i>Benefits of exercise scale for exercise in PE .</i> Universidad Autonoma de Nueva Leon



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11:30 - 12:30	Keynote	<p>Speaker: Dr. Usha S. Nair. Topic: From play fields to policy: India's pathway to global wellbeing through sport and physical education</p>
12:30 - 13:30	Lunch (Break) & Poster Session	<p>Lunch in WZ Foyer.</p> <p>Poster Presentation: Takeshi Kurihara (Japan): Physical Education and Teacher Training in Prewar Japan-Educational Philosophy as Reflected in the "Bunken" Physical Education Examination. Kumamoto Gakuen University</p>
13:30 - 14:15	Panel Discussion	<p>Speakers: Michelle Parsons, High Performance Sport Advisor. Tony Alatini, Chair Malakai Alatini Trust Topic: Māori, Pasifika, and Pākehā Perspectives on Hauora (Wellbeing) through Sport and Physical Activity</p>
14:15 - 15:30	<p>Presentations (Session D) Chair Sanjay Prajapati</p>	<p>4 x 15-Minute Presentations (Remaining 4 slots reserved for later submissions):</p> <p>Valentina Serrano (New Zealand): <i>Sustaining inclusive practice for trans and non binary youth in community sport.</i> InsideOut</p> <p>Dr Sudheesh C.S. (India): <i>Impact of Tumeric Milk Supplementation on Markers of Stress and Recovery in Taekwondo Players: Randomized Double Blind-Placebo Controlled Trial.</i> Lakshmibai National College of Physical Education</p> <p>Jaron Kung (New Zealand): <i>Maturation and Physical Performance in National Level Youth Basketballers: Implications for Strength and Conditioning Coaches.</i> St Kentigern College</p> <p>Takahiro Kitamura (Japan): <i>The Relationship Between Budo Education and the Development of National Identity in Japanese Junior High School Students.</i> National Institute of Fitness and Sports in Kanoya</p>
15:30 - 16:00	Afternoon Energiser (Break)	Refreshments served



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16:00 - 17:30	Presentations (Session E) Chair Oswaldo Ceballos	<p>Dr. Sanjay Kumar Prajapati (India): <i>Sports Culture Using Network Visualization: A Review and Bibliometric Analysis</i>. Lakshmibai National College of Physical Education</p> <p>Francisco Serrano (New Zealand): <i>Charter School Curriculum Response to Student Engagement and Achievement through Physical Education and Sport</i>. Thomas Education NZ</p> <p>Luisa Velez, PhD (USA): <i>The use of AI by Sport Professionals</i>. Thomas Education / Universidad Sagrado Corazon</p>
17:30	Day Finishes / Session Finishes	
20:15	Conference Dinner	Buffet Dinner, Eight Restaurant, Cordis Hotel, 83 Symonds Street, Auckland CBD



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Day 4: Thursday, 4 December – Blues HQ Excursion and Conference Close

Time	Activity	Notes
09:00	Meet at AUT WZ Building	Assemble in WZ Lobby
09:00 - 09:30	Van Departures to Blues HQ	Travel to the Blues professional rugby team facility
09:30 - 10:30	Tour of Blues HQ	Behind-the-scenes facility tour
10:30 - 11:30	Keynote Address	Speaker: Rob Woodley , CEO Blues Charitable Trust. Topic: <i>Harnessing the Blues' Influence to Instil Leadership, Wellbeing and Career Readiness in Youth.</i>
11:30 - 12:00 (approx.)	Networking and Farewells	The Day finishes at the Blues HQ.
12:00 (approx.)	Vans Return to AUT WZ Building	Drop-off for onward travel



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Online Presentations Room WZ 402 – Wednesday 3 December

1. **Dr G Kishore** (India): *India in 2024 Olympics & prospects for 2036 Olympics*. Lakshmibai National College of Physical Education - TBC
2. **Rosa Lopez de D'Amico & Alesandro D'Amico** (Venezuela): Psychological aspects of physical activity related to woman's health.
Research Center EDUFISADRED
3. **Dr. Antonio Campos** (Spain): *Physical activity and sport professionals, Perspectives on professions, performance, and service in Spain*. Technical University of Madrid (UPM) Spain
4. **Sophia Peregrina** (Spain): *Policies for the promotion of Physical Activity and Sport in Spain*. Facultad de Ciencias de la Actividad Fisica y el Deporte (INEF)
5. **Jorge Agustín Zapatero Ayuso** (Spain): *Manifestations of Physical Activity and Sedentary Habits in recess behaviours and perceptions of Primary School Students*. Universidad Complutense de Madrid
6. **Shraddha Chickerur** (India): *Promoting Sports Values in India Schools- A report in Delhi and Odisha*, UNESCO Regional Office South Asia
7. **Maria Charokopaki** (Greece): *Women in Sport Politics: Governance, Power, and Structural Inequality*
8. **Tingle Zeng** (China): *The Relationship between perceived quality physical education and 7-day physical activity among secondary school students in China: The Mediating role of exercise self-efficacy*. Chongqing Normal University