



# ISCPES 23rd Biennial Conference Programme

## Advancing Global Wellbeing through Physical Education and Sport

**Dates:** 1 – 4 December 2025

**Location:** AUT WZ Building, St Paul Street, Auckland, New Zealand

**Hosted by:** Thomas Education NZ

### Day 1: Monday, 1 December – Executive Meeting & Auckland City Walking Tour

Time	Activity	Notes
11:00 - 1:30	<b>Auckland City Walking Tour</b> <b>Delegate Registration</b>	Meet at AUT WZ Building, St Paul Street
17:00 - 19:00	<b>Executive Board Meeting:</b> ISCPES Board Only	<b>Location:</b> AUT WZ Building, Room WZ502, Auckland Central
15:30 - 16:30		Registration via Whatsapp Message +64275200018



# ISCPES 23rd Biennial Conference Programme

## Advancing Global Wellbeing through Physical Education and Sport

### Day 2: Tuesday, 2 December – Conference Opening, Keynotes & Presentations

Time	Activity	Notes
08:30 - 09:00	Arrival and Registrations	Final Registrations
09:00 - 10:15	Cultural Welcome & Session Starts	Traditional Cultural Māori Welcome (Mihi Whakatau) & Introductions
10:15 - 10:35	Morning Tea (Break)	Refreshments served
10:35 – 10:50	Inauguration	<b>ISCPES Inauguration:</b> <b>Rosa Lopez de D'Amico</b> , President ISCPES <b>Fran Serrano</b> , Local Organising Committee Chair <b>Luisa Velez</b> , Scientific Committee Chair
10:50 - 11:40	Keynote 1 Chair Fran Serrano	<b>Speaker: Michelle Parsons.</b> <b>Topic:</b> "Sport Development in New Zealand from a Holistic Player-centred Approach." Former Head of School of Sport, Manukau Institute of Technology. High Performance Sport Advisor
11:40 - 12:30	Presentations (Session A) Chair Usha Nair PhD	<b>3 x 15-Minute Presentations:</b>  <b>Naoki Suzuki, Ph.D</b> (Japan): <i>Physical–Virtual Discrepancies in AR Physical Education: A Qualitative Study of Embodied Cognition and Student Metacognitive Reflection.</i> Tokyo Gakugei University  <b>Sebastian Leonardo San Martin Rodriguez</b> (Mexico): <i>The effect of recreational training on the quality of life of older adults. A pilot study.</i> Meritorious Autonomous University of Puebla  <b>Anand Rampersad</b> , (Trinidad and Tobago) <i>The Role of Physical Activity for Working Persons Diagnosed with Diabetes and Other Non-Communicable Diseases (NCSs): A Qualitative Study in Trinidad and Tobago.</i> The University of the West Indies, St. Augustine Campus



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Time	Activity	Notes
12:30 - 13:30	Lunch (Break) & Poster Session	Lunch in WZ Foyer. <b>Poster Presentation:</b> Mariana Ribeiro (Brazil): <i>Grit happens! A comparative analysis of measurement approaches for grit in university athletes.</i> Universidade do Estado de Santa Catarina
13:30 - 14:00	Keynote 2 Chair Michelle Parsons	<b>Speaker:</b> Pita Alatini. <b>Topic:</b> <i>"Rugby as a youth Development Tool in Schools".</i> Former All Black, Director of Rugby King's College
14:00 - 15:30	<b>Presentations (Session B)</b> Chair Anand Rampersand	<b>5 x 15-Minute Presentations:</b> <b>Takuya Sakamoto</b> (Japan): <i>Response Ability in Physical Education: Rethinking Teacher Presence in the Digital Era.</i> University of Tsukuba <b>Mata José Carvalho</b> (Portugal): <i>Quality physical education: perspectives of Portuguese educators.</i> Faculty os Sport University of Porto <b>Daiki Nakano</b> (Japan): <i>Reconsidering the concept of safety in physical education.</i> University of Tsukuba <b>Claudia Magaly Espinosa-Méndez</b> (Mexico): <i>Association between Physical Activity, Lifestyle Factors, and Mental Health Symptoms in Chemistry Student.</i> Meritorious Autonomous University of Puebla
15:30 – 16:00	Afternoon Energiser (Break)	Refreshments served
16:00 – 17:00	Symposium	<b>Speakers:</b> Walter Ho, Selina Khoo, Rosa Lopez D'Amico, Usha Nair & Francisco Serrano <b>Topic:</b> <i>Reimagining Quality Physical Education: A Holistic Framework for the Future</i>
17:00 – 17:30	ISCPES General Assembly	Annual governance meeting for members.



# ISCPES 23rd Biennial Conference Programme

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Time	Activity	Notes
17:30	Day Finishes	

### Day 3: Wednesday, 3 December – Keynotes and Research Focus

Time	Activity	Notes
08:30 - 09:00	Arrival	
09:00 - 09:10	Welcome	
9:10 – 9:30	Keynote	<b>Speaker: Rosa Lopez D'Amico, PhD, President of ISCPES.</b> <b>Topic:</b>
09:30 - 10:15	The Herbert Hagg Lecture	<b>Speaker: Walter Ho, PhD.</b> <b>Topic: Advances in Quality Physical Education: A Review of Recent Works</b>
10:15 - 10:45	Morning Tea (Break)	Refreshments served
10:45 – 11:30	Presentations (Session C) Chair Selina Khoo	<b>2 x 15-Minute Presentations:</b>  <b>Naoki Suzuki, Ph.D (Japan):</b> <i>Advancing Reflective Thinking in Physical Education through AI-Prompted Free Writing: A Qualitative Study on Student Learning Depth.</i> Tokyo Gakugei University  <b>Oswaldo Ceballos (Mexico):</b> <i>Benefits of exercise scale for exercise in PE</i> . Universidad Autonoma de Nueva Leon



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11:30 - 12:30	Keynote	<b>Speaker:</b> Dr. Usha S. Nair. <b>Topic:</b> From play fields to policy: India's pathway to global wellbeing through sport and physical education
12:30 - 13:30	Lunch (Break) & Poster Session	Lunch in WZ Foyer.  <b>Poster Presentation:</b> Takeshi Kurihara (Japan): Physical Education and Teacher Training in Prewar Japan-Educational Philosophy as Reflected in the "Bunken" Physical Education Examination. Kumamoto Gakuen University
13:30 - 14:15	Panel Discussion	<b>Speakers:</b> Michelle Parsons, High Performance Sport Advisor. Tony Alatini, Chair Malakai Alatini Trust <b>Topic:</b> Māori, Pasifika, and Pākehā Perspectives on Hauora (Wellbeing) through Sport and Physical Activity
14:15 - 15:30	<b>Presentations (Session D)</b> Chair Sanjay Prajapati	<b>4 x 15-Minute Presentations</b> (Remaining 4 slots reserved for later submissions):  <i>Valentina Serrano (New Zealand): Sustaining inclusive practice for trans and non binary youth in community sport. InsideOut</i>  <i>Dr Sudheesh C.S. (India): Impact of Tumeric Milk Supplementation on Markers of Stress and Recovery in Taekwondo Players: Randomized Double Blind-Placebo Controlled Trial. Lakshmibai National College of Physical Education</i>  <i>Jaron Kung (New Zealand): Maturation and Physical Performance in National Level Youth Basketballers: Implications for Strength and Conditioning Coaches. St Kentigern College</i>  <i>Takahiro Kitamura (Japan): The Relationship Between Budo Education and the Development of National Identity in Japanese Junior High School Students. National Institute of Fitness and Sports in Kanoya</i>
15:30 - 16:00	Afternoon Energiser (Break)	Refreshments served



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## Advancing Global Wellbeing through Physical Education and Sport

16:00 - 17:30	<b>Presentations (Session E)</b> Chair Oswaldo Ceballos	<p><b>Dr. Sanjay Kumar Prajapati</b> (India): <i>Sports Culture Using Network Visualization: A Review and Bibliometric Analysis</i>. Lakshmibai National College of Physical Education</p> <p><b>Francisco Serrano</b> (New Zealand): <i>Charter School Curriculum Response to Student Engagement and Achievement through Physical Education and Sport</i>. Thomas Education NZ</p> <p><b>Luisa Velez, PhD</b> (USA): <i>The use of AI by Sport Professionals</i>. Thomas Education / Universidad Sagrado Corazon</p>
17:30	<b>Day Finishes / Session Finishes</b>	
20:15	<b>Conference Dinner</b>	Buffet Dinner, Eight Restaurant, Cordis Hotel, 83 Symonds Street, Auckland CBD



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### Day 4: Thursday, 4 December – Blues HQ Excursion and Conference Close

Time	Activity	Notes
09:00	Meet at AUT WZ Building	Assemble in WZ Lobby
09:00 - 09:30	Van Departures to Blues HQ	Travel to the Blues professional rugby team facility
09:30 - 10:30	Tour of Blues HQ	Behind-the-scenes facility tour
10:30 - 11:30	Keynote Address	<b>Speaker: Rob Woodley</b> , CEO Blues Charitable Trust. <b>Topic: Harnessing the Blues' Influence to Instil Leadership, Wellbeing and Career Readiness in Youth.</b>
11:30 - 12:00 (approx.)	Networking and Farewells	<b>The Day finishes at the Blues HQ.</b>
12:00 (approx.)	Vans Return to AUT WZ Building	Drop-off for onward travel



# ISCPES 23rd Biennial Conference Programme

## Advancing Global Wellbeing through Physical Education and Sport

### Online Presentations Room WZ 402 – Wednesday 3 December

1. Dr G Kishore (India): *India in 2024 Olympics & prospects for 2036 Olympics*. Lakshmibai National College of Physical Education - TBC
2. Rosa Lopez de D'Amico & Alesandro D'Amico (Venezuela): Psychological aspects of physical activity related to woman's health. Research Center EDUFISADRED
3. Dr. Antonio Campos (Spain): *Physical activity and sport professionals, Perspectives on professions, performance, and service in Spain*. Technical University of Madrid (UPM) Spain
4. Sophia Peregrina (Spain): *Policies for the promotion of Physical Activity and Sport in Spain*. Facultad de Ciencias de la Actividad Fisica y el Deporte (INEF)
5. Jorge Agustín Zapatero Ayuso (Spain): *Manifestations of Physical Activity and Sedentary Habits in recess behaviours and perceptions of Primary School Students*. Universidad Complutense de Madrid
6. Shraddha Chickerur (India): *Promoting Sports Values in India Schools- A report in Delhi and Odisha*, UNESCO Regional Office South Asia
7. Maria Charokopaki (Greece): Women in Sport Politics: Governance, Power, and Structural Inequality
8. Tingle Zeng (China): *The Relationship between perceived quality physical education and 7-day physical activity among secondary school students in China: The Mediating role of exercise self-efficacy*. Chongqing Normal University